

ORAL HEALTH & PREGNANCY

Did you know that oral health can act as a window to what is happening inside your body during pregnancy?

Gum issues increase the risk of adverse pregnancy outcomes including:

- Pre-term babies
- Low birth weight babies
- Pregnancy hypertension



Pregnancy causes an increased risk of gum issues, with the Centre for Disease Control (CDC) reporting that 60-75% of pregnant women today have gingivitis.



Pregnancy hormones can make the mouth more susceptible to plaque and amplify inflammation.

WARNING SIGNS OF GUM INFECTION:

Red, tender or bleeding gums

Loose teeth

Sensitive teeth

Persistent bad breath

Pain when chewing

CHECK IT OUT!