



“ There is a stigma against mouth cancer, I was told ‘you’re too young’, ‘you’re a non-smoker’, ‘God it won’t be that’. But it really can happen to anyone. ”

Charlotte

Trainee Midwife & Mouth Cancer Survivor

If you notice any unusual changes to your mouth, head or neck, visit a dentist immediately.

Be mouthaware and if in doubt, get checked out.

